



LISTENER RESOURCE

A8430 and A8440

True Self



- 1) Characterized by **communion** and **contentment**.
- 2) **The realigned self** — religion would use the word *saved* to describe this: The “grain of wheat” that has died to its small boundaries to become the LargeSelf/Godself/ChristSelf/Buddha Nature. The Eastern Religions would call it enlightenment.
- 3) Only needs to uncover/discover itself.
- 4) Already “invented,” whole and original. It lies beyond psychological time.
- 5) “Justified” before the fact.
- 6) Naturally nonviolent and humble.
- 7) Nothing to protect. It is invulnerable and indestructible.
- 8) Inherently satisfied and overflowing. An “abundant life” with always more available.
- 9) Finds happiness within **and** without.
- 10) Living in the Garden, at the banquet. The true wholeness that is available to us—the free gift of God.

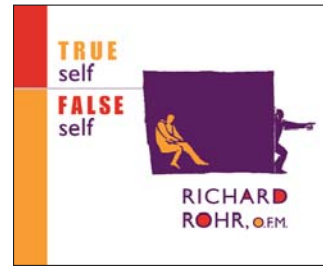
“Anyone who does not remain in me will be thrown out.... remain in me and my words remain in you” (John 15:4-6).

False Self



- 1) Characterized by **separateness** and **self-sufficiency**.
- 2) **The disconnected self** — the Judeo-Christian tradition calls this *sin*, an inferior state of being more than an action. It is a loss to God because a loss of ourselves which is a part of God—not something that makes God hate us. God only pities this state.
- 3) Must manufacture/concoct itself.
- 4) Constantly re-invents itself, “personality development.”
- 5) Needs to justify/validate itself.
- 6) Needs to assert itself, “will to power.”
- 7) Needs to protect itself, immense security needs.
- 8) Inherently needy and fragile, a zero-sum existence. If I lose, all is lost. Prone to addictions to satisfy itself.
- 9) Looks outside itself for its happiness.
- 10) Lives outside the Garden of Eden, the state of being lost, alienated, “in sin.”

“Solemnly I tell you, unless the grain of wheat dies, it remains just a grain of wheat, but if it dies, it will yield a rich harvest” (John 12:24).



“I WILL NOT LEAVE YOU ORPHANED” (John 14:18). Faith is to trust that an intrinsic union exists between us and God. Contemplation is to experience this union. The path of fall and return is how we experience it as pure grace and free gift.

There is a necessary movement between the two ends of the divine-human axis, between my core and the core of God. The only problem is when this axis does not exist at all, as we have in modern secularism. In other words, mistake, failure, sin is used as a part of the salvation equation in the true Christian gospel. The only real sin is to doubt, deny or fail to experience this basic axial connection.

There seems to be a dance in and out, the pattern of necessary fall and hopeful return, the many parables of losing and finding, and ironically, “There is more joy in finding the one who strays than in the ninety-nine who have never strayed” (Matthew 18:13). It is the path of realization and transformation, which is apparently never a straight line, but a back-and-forth journey that ever deepens the conscious choice and the conscious relationship. It is the only way that freedom and relationship grow, through a dance between the loneliness and desperation of the false self and the fullness of the True Self, which is ever rediscovered and experienced anew as an ultimate homecoming.

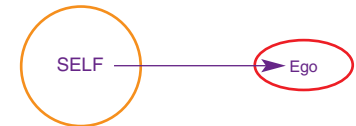
Birth/The Divine Child

(No axis as such. I live at “Ground Zero” naturally.)



The Necessary “Fall”

of growing up. (but hopefully still on the axis! Mistakes are only tragic if the axis is broken.)



The Hopeful Return

Conscious Abiding
Holiness/Wholeness/Salvation



State of “Sin”/Alienation

(not even an axis of connection)



THE HEART “BRAIN”

The newly verified heart knowledge is electromagnetic, neural and hormonal all at once and actually creates a measurable aura or “halo” around people. It is now verified in hard science but has been largely unknown, except intuitively, by poets, lovers and musicians. It is actively lived by enlightened people, saints and mystics. The primary indicator is that they are not violent in thought, word or action.

