

TABLE OF CONTENTS

Acknowledgments	ix
Introduction	1
Chapter One: The Three Kinds of Friendship	7
Chapter Two: Beyond the Sexual Urge	19
Chapter Three: Avoiding Fatal Attractions	31
Chapter Four: Sense and Sentimentality: The Proper Role of the Emotions	41
Chapter Five: The Law of the Gift: Understanding the Two Sides of Love	55
Chapter Six: Love and <i>Responsibility</i> ? Building Trust, Intimacy and a Mature Love	69
Chapter Seven: Resenting Chastity: The Current Crisis	87
Chapter Eight: The Battle for Purity	97
Chapter Nine: To Inspire Love: A Return to Modesty	113
Chapter Ten: Men, Women and Tenderness	127
Chapter Eleven: How Contraception Harms Love	139
Chapter Twelve: Foundations for the Theology of the Body	151
Notes	163